WANDSWORTH TIMETABLE

DAY	6AM	7AM	8AM	9AM	10AM	11AM	12PM	1PM	2PM	4PM	5PM	6PM	7PM	8PM
Monday	SGPT	SGPT	SGPT	SGPT	SGPT	SGPT	SGPT	SGPT SWEAT		SGPT	SGPT	SGPT HYROX	SGPT	SGPT
Tuesday	SGPT HYBRID	SGPT	SGPT HYBRID	SGPT	SGPT	SGPT	SGPT			SGPT	SGPT	SGPT	SGPT	
Wednesday	SGPT	SGPT HYBRID	SGPT	SGPT	SGPT	SGPT	SGPT	SGPT		SGPT	SGPT SWEAT	SGPT		SGPT
Thursday	SGPT HYBRID	SGPT	SGPT	SGPT	SGPT	SGPT	SGPT	SGPT		SGPT	SGPT	SGPT	SGPT	SGPT
Friday	SGPT HYROX	SGPT HYBRID	SGPT SWEAT	SGPT	SGPT	SGPT	SGPT	SGPT		SGPT	SGPT	SGPT	SGPT	
Saturday			SGPT	SGPT SS	SGPT	SGPT								
Sunday				SGPT ERG	SGPT	SGPT								